

## **SACRAMENT OF CONFIRMATION QUESTIONS AND ANSWERS**

### **1. WHAT IS A SACRAMENT?**

A Sacrament is an outward sign instituted by Christ to give grace to our souls.

### **2. WHAT IS GRACE?**

Grace is a gift of God freely given to us – we cannot earn grace. Grace is God's presence within us. Grace helps us live as God wants us to.

### **3. NAME THE SEVEN SACRAMENTS.**

Baptism, Confirmation, Holy Eucharist, Penance & Anointing of the Sick  
Matrimony & Holy Orders.

### **4. HOW DO WE BECOME MEMBERS OF THE CHURCH?**

We become members of the Church, the Body of Christ, by Baptism.

### **5. HOW DOES THE CHURCH BAPTIZE?**

We baptize by pouring water upon the head of the person...and saying:  
"I baptize you in the name of the Father, and of the Son, and of the Holy Spirit."

### **7. WHAT IS THE SACRAMENT OF CONFIRMATION?**

Confirmation is the Sacrament in which we are sealed (indelibly/permanently marked) and strengthened with the gift of the Holy Spirit. Like the Apostles, we are strengthened to spread and defend the faith by word and deed.

### **8. WHO MAY BE CONFIRMED?**

Every baptized person should receive the Sacrament of Confirmation. It is a sacrament of Christian initiation.

### **9. HOW DO WE PREPARE TO RECEIVE CONFIRMATION?**

We prepare to receive Confirmation in two ways. First, we must be baptized and free from serious sin, Second, we prepare by prayer, study and living a Christian life.

### **10. WHO IS THE HOLY SPIRIT?**

The Holy Spirit is God, and equal to the Father and the Son. The Holy Spirit is the Third Person of the Holy Trinity. The Holy Spirit is the Lord and Giver of Life.

### **11. WHAT IS PENTECOST?**

The Holy Spirit came down upon the Church on Pentecost Sunday, fifty days after the Resurrection. The Holy Spirit will dwell within the Church until the end of time. The Apostles, Disciples, and Holy Women –including Mary – were gathered in the upper room in Jerusalem. They heard the sound like a strong, driving wind. Tongues of fire rested on each person. All were filled with the Holy Spirit. The Apostles now became men of courage who preached the Gospel of Christ to the whole world.

12. WHO IS THE ORDINARY MINISTER OF CONFIRMATION?

The Ordinary Minister of Confirmation is a Bishop, a successor of the Apostles.  
I will be confirmed by Bishop \_\_\_\_\_.

13. HOW DOES THE BISHOP CONFIRM?

First, the Bishop extends his hands over all persons to be confirmed and calls upon the Holy Spirit.

Next, the Bishop lays his hand upon the head of each Candidate, anoints the forehead with the sacred chrism, and says:

“(Name)\_\_\_\_\_ **be sealed with the gift of the Holy Spirit.**”

The Candidate responds: **“Amen.”**

Finally, the Bishop says: **“Peace be with you.”**

The Candidate responds: **“And with your spirit.”**

14. WHAT IS SACRED CHRISM?

Chrism is the perfumed Oil of Anointing, blessed by a Bishop on Holy Thursday, and used in Baptism, Confirmation & Holy Orders.

15. WHAT ARE THE SEVEN GIFTS OF THE HOLY SPIRIT?

These gifts are given to us through the Holy Spirit and they make it possible to do what God asks of us. They are wisdom, understanding, courage (fortitude), right judgment, knowledge, wonder & awe and reverence

16. WHAT ARE THE TWELVE FRUITS OF THE HOLY SPIRIT?

The Twelve Fruits are...

Charity, Joy, Peace, Patience, Kindness, Goodness, Generosity,  
Gentleness, Faithfulness, Modesty, Self-Control and Chastity.

17. DOES CONFIRMATION IMPRINT AN INDELIBLE MARK ON THE SOUL?

Yes! This spiritual mark is called a Character, and shows that Jesus has marked a Christian with the seal of His Spirit. Baptism and Holy Orders also imprint an indelible mark.

18. WHAT IS THE ROLE OF A SPONSOR AT CONFIRMATION?

The Sponsor helps the person confirmed to be a true witness of Christ and to live a Christian life. The Sponsor presents the Candidate to the Bishop, and puts their hand on the candidates shoulder while the Bishop anoints the Candidate with Chrism.

19. WHY DO WE TAKE A SAINT’S NAME AT CONFIRMATION?

The Saints of the Bible and the Church are persons who led lives of faithfulness to God, and showed great love for their neighbors. Saints are models for us to follow in living the Gospel.