

**EXAMINATION OF CONSCIENCE FOR
CHILDREN
USING THE LORD'S PRAYER**

OUR FATHER WHO ART IN HEAVEN, HALLOWED BE THY NAME.

- Do I think about God every day?
- Do I say my prayers?
- Do I pay attention and participate in Mass?

THY KINGDOM COME, THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN.

- Am I kind to others?
- Do I do what Jesus wants me to do?
- DO I share with others?
- Am I helpful to my family?
- Do I show respect to my teachers and classmates?

GIVE US THIS DAY OUR DAILY BREAD

- Do I remember to say thank you?
- Am I sometimes greedy?
- Do I appreciate the good things I have in my life?
- Do I think of ways to help those who have no food?
- Do I take things that don't belong to me?

FORGIVE US OUR TRESPASSES AS WE FORGIVE THOSE WHO TRESPASS AGAINST US.

- Do I say I am sorry when I have been wrong?
- Do I forgive and forget when someone does something bad to me?
- Do I help solve problems between my friends or do I cause more trouble?
- Do I say bad things about people who have hurt me?

LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL

- Do I play fairly in sports and games?
- Do I cheat in school?
- Do I tell the truth?
- Do I set a good example by my kindness?
- Do I let other kids tempt me to things I know I shouldn't do?