

Mass Reflection Form

Name _____ Level _____

Name of Catholic Church _____

Date and Time of Mass _____

Which season is the Church celebrating:

Ordinary Time Advent Christmas Lent Easter

Getting ready for the Mass: Talk to God (*Kneel and Pray*) Ask Him to help you become a better person. "God please show me one way at this Mass that will help make me a better person this week." Thank Him for all He has given you, especially Jesus, His son who has died for you. Just talk to Him about anything you want. If you don't know what to say, say some prayers you do know: The Our Father, Hail Mary, Glory Be and others.

What did God "show" you at Mass? How will you live out your faith this week?

Please tell me two things you learned from Mass today.

Rate your behavior and participation at Mass:



What will you do differently next time?

Parent Signature _____ Date _____